



# **Undergraduate Preparation Program**

## Who is this course for?

The Undergraduate Preparation Program is designed to prepare students for the intellectual and linguistic demands of degree-level study in the US.

# **Key Facts**

Start dates: 2017: Boston, New York, New

Jersey: 18 September.

2018: Boston, New York, New Jersey:

2 January, 26 March, 18 June, 17 September.

**Los Angeles:** 16 January, 19 March\*, 11 June, 27

\*Mid Semester Start

#### Locations offered:



Level: Minimum TOEFL iBT 20

Length: 1 - 4 terms

**Lessons:** 25+ hours\* per week (plus 12 - 15

hours of independent study)

\*Program at Los Angeles (Marymount) is 28.5 hours per week and operates on a different schedule to the other locations.

# Maximum class size: 15 Learning outcomes:

- → Raise English to level required for undergraduate study
- → Gain study skills required for an undergraduate degree

#### **Outcomes**

- ightarrow English language proficiency level appropriate for entry into a US college or university
- → Time management, organizational, and coping skills for a full-time undergraduate course load
- $\rightarrow$  Ability to recall and organize information from academic lectures and articles
- → Experience writing clear, well-supported essays of a variety of lengths
- → Reading strategies and note-taking skills for identifying main ideas and supporting details
- $oldsymbol{
  ightarrow}$  Broadened knowledge of liberal arts education subjects and major field of interest
- $\Rightarrow \text{Interpersonal skills necessary to build relationships with student peers and professors }$
- ightarrow Balance course load and extracurricular activities such as sports, clubs, volunteering

# **Course structure and content**

The Undergraduate Preparation Program offers an integrated approach for developing the essential skills needed for undergraduate level studies in a US college or university. Key academic skills include reading academic texts, college level writing, study skills, and research techniques. Students are exposed to content typical of liberal arts education and are given the opportunity to further explore topics in their intended major. Students share cultural experiences that are integral to collegial life and their specific study location.

#### **Program Content**

#### 1. English for Academic Study

- → Use the style of language and vocabulary appropriate for undergraduate level coursework
- → Develop techniques and strategies for completing academic reading and listening tasks
- → Increase their vocabulary, especially words found frequently in academic texts
- → Summarize facts and information from a wide range of texts
- → Organize factual information clearly and coherently, orally and in writing

4 terms

- → Describe the main argument in a text or presentation
- → Express ideas and opinions logically and confidently using appropriate language
- → Participate in a classroom discussion, to explore ideas and exchange ideas
- → Write college level essays and research papers

#### **Program Content**

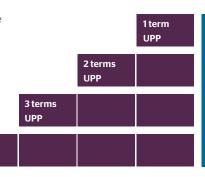
#### 2. Study, Organizational, and Functioning Skills

- → Set goals to manage time and deadlines established by professors
- → Take clear, concise notes and summarize them

Continued overleaf ≥

# **Pathways and progress**

On average, students progress by approximately 10 - 15 points on the TOEFL iBT range each term. Fast learners may progress at a quicker rate. Students who proceed slower than the average rate can easily follow an additional term until they achieve the required level.







## **Course structure and content (continued)**

- → Identify main ideas and supporting details in academic texts
- → Use grammar and writing conventions required for undergraduate level papers
- ightarrow Work in groups effectively
- → Navigate the US undergraduate school application process, including writing a personal statement or letter of intent

#### 3. Undergraduate Seminars

Sample topics include:

- → US University Life and Academic Success
- → University Placement Test Prep
- → The College Admissions Game
- → Campus Visit
- → Transition Advising Conferences
- → Explaining Liberal Arts
- → Email Protocol
- → Mini Sample Lecture
- → Using the Library
- → Time Management
- → Plagiarism
- → Organizational Skills
- → Volunteerism/Community Engagement

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When I first came to Boston,
I could not speak English well.
However, because of my time
at Kings, I was able to learn a
great amount of English.
My classes are really small in
size, so whenever I took classes,
I felt like I had a English private
tutor. It helps me feel more
comfortable to use English.

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YunYoung Lee from South Korea, studied the Undergraduate Preparation Program before completing his freshman year at Pine Manor College. He transferred to George Washington University to major in International Business at the start of his sophomore year.

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I'm really enjoying the classes because teachers are different from Russian ones. For example, we watch documentaries and videos, it's a different style of education here — it's more free.
I'm especially improving my speaking — this course helps you to feel more comfortable talking to different people and finding a way to communicate.

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Liza Zalogina from Russia studied the University Preparation Program in LA before starting at Marymount California University